



Friendship Heights



VILLAGE NEWS

OCTOBER 2007

301-656-2797

VOLUME 22, NO. 5



Children's Halloween Party

see page 2

A Fall Fiesta in Friendship Heights

Travel south of the border without leaving Friendship Heights as this year's Fall Festival takes on a Mexican flavor. Join us at the Village Center on Thursday, Oct. 25, for a night of Mexican food, mariachi music, and fun for the entire family. The festival begins at 7 p.m. and will conclude by 8:30. Fajitas with all the fixin's will be provided by Uncle Julio's Rio Grande Café in Bethesda, and Mariachis de Los Compadres will offer exciting an array of mariachis music, complete with traditional costumes. This annual event is sponsored by the Friendship Heights Village Council to promote community involvement. Please join us for this special celebration of family and friendship.



Columnist David Brooks to speak at Center

BAMBERGER CURRENT EVENTS SERIES



Spend an evening with New York Times columnist David Brooks at the Village Center on **Monday,**

Oct. 29, at 7:30 p.m.

Mr. Brooks has been writing his Times Op-Ed column on politics and American culture since 2003.

He has been an editor and foreign correspondent for *The Wall Street Journal*, a senior editor at *The Weekly Standard*, a contributing editor at *Newsweek* and the *Atlantic Monthly*, and he is currently a commentator on "The NewsHour with Jim Lehrer." He is the author of *Bobos In Paradise: The New Upper Class and How They Got There* and *On Paradise Drive: How We Live Now (And Always Have) in the Future Tense*.

Please sign up for this event by calling the Village Center at 301-656-2797.



Spelling Bee: C-H-A-R-M-I-N-G

Join us for a matinee performance of *The 25th Annual Putnam County Spelling Bee*, the Tony Award-winning musical playing at the National Theatre, on **Saturday, Nov. 3.**

All of the young spelling bee contestants are winners in this warm and hilarious musical, winner of two Tony Awards (for Best Book and Best Actor) in 2005. Through the show's lively, upbeat songs we learn all about the six overachieving, angst-filled adolescents vying for the spelling championship of a lifetime.

We will leave the Village Center at 1 p.m. and return before 5 p.m. The cost of the trip, which includes a discounted (ten percent) seat in the Front Orchestra, transportation, and driver's tip, is \$99. Residents and one guest may sign up immediately; nonresidents may sign up Oct. 15. Please note that our bus will not have space for a wheelchair. There are 24 spaces available. This play is appropriate for middle school age children and older.

**Renew your CPR training,
see page 16 for details**

Flu Shots, see calendar page

CHILDREN'S PROGRAMS

Children's Halloween Party

Bring your little princesses, ghosts, and action heroes for an afternoon of Halloween fun at the Village Center on **Sunday, Oct. 28, from 12 to 1:30 p.m.** We'll have crafts, games and pizza. We're planning to make scare-crows so please bring an old long-sleeved shirt and long pants. The event is free to those who dress in costume. Those not in the Halloween spirit pay \$2. Pre-registration is required; sign up at the Village Center by Oct. 24. Children must be accompanied by a parent or guardian. Call the Village Center at 301-656-2797 for details.

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Friendship Heights VILLAGE NEWS

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The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the November issue is October 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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Melanie Rose White
Volunteer Editor

Jennie Fogarty
Staff Writer

Anne Hughes O'Neil
Staff Writer, Advertising

Susan C. Zarriello
Page Design/Layout

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ON the GO...

A madame comes to town

Have you ever wanted to sit at the President's desk? Putt with Tiger Woods or gossip with the stars? You can do all those things at the brand new Madame Tussauds Museum! Join us when we visit the world's premier waxworks and then enjoy lunch together at Rosa Mexicano on **Thursday, Nov. 15.**

Housed in the historic Woodward and Lothrop Building in Penn Quarter, Madame Tussauds will be an interactive experience where visitors can be interviewed by Katie Couric or J. Edgar Hoover and listen to Martin Luther King and Winston Churchill give historic speeches. We will take a one-hour, self-guided tour that includes a "Behind the Scenes" exhibit that shows how the wax figures are created.

Following the tour we'll ride three blocks from the old Woodies to the old Hecht's. Rosa Mexicano, built in a corner of the former department store, serves authentic Mexican cuisine in a festive atmosphere that includes a stunning blue-tiled waterfall and dozens of beautiful faux butterflies. We'll begin lunch with one of this hot spot's signature dishes, guacamole freshly made at tableside and served with warm tortillas and chips. The first course is a green salad and crispy chicken tacos. The entrée choices (please select at sign-up) are grilled salmon, Mexican Cobb salad (contains sausage), or grilled chicken with tortillas.

Continued on page 13

Save your soul with *Late Nite Catechism*

Go to the head of the class with *Late Nite Catechism*, at Olney Theatre on **Sunday, Oct. 21.** This uproariously funny play will take you back to the days when nuns ran their classrooms with a rosary in one hand and a ruler in the other.

We will depart the Village Center at 12:30 p.m. and return around 4:30. The cost of the trip, which includes a seat in the Front Orchestra, transportation, and driver's tip, is \$59. This play is appropriate for middle school age children and older.



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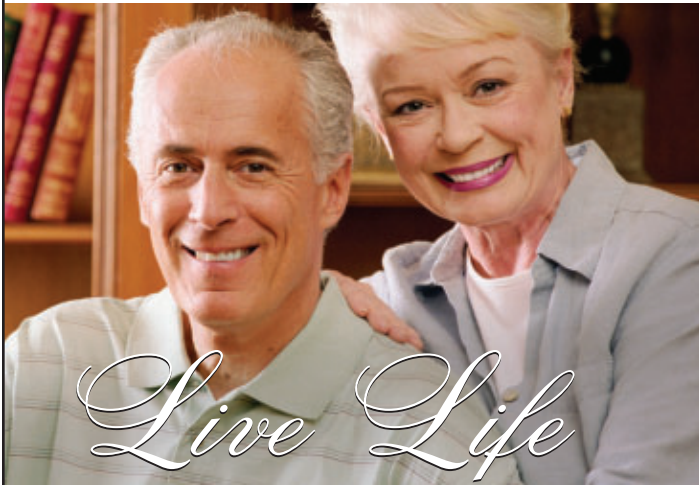
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JASON COHEN

A World War II nurse and hero

More than 60,000 American nurses served in the Army Nurse Corps in World War II. One of them was Lt. Col. Nola Forrest, Director of Army nurses for the Southwest Pacific Area. She led nurses on a dangerous mission under enemy fire and conducted the rescue of 67 Army nurses from an internment camp in Manila. Village resident Eleanor Stoddard will discuss the life of Nola Forrest at the Village Center on **Friday, Nov. 9, at 2 p.m.**

After retirement, Ms. Stoddard began an oral history project interviewing women in all branches of the armed services and the American Red Cross. Her book, *Fearless Presence*, is a result of those interviews. She will discuss and sign copies of the book. All are invited to stay for tea. Please call 301-656-2797 to reserve a seat.



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PLAYING on the BIG SCREEN

All movies now begin at 7 p.m.

A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

• Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

Thursday, Oct. 4, 7:30 p.m. — David Ignatius book-signing.

Thursday, Oct. 11, 7:00 p.m. — Movie— Away from Her—Based on the short story "The Bear Came Over

the Mountain" by Alice Munro, this is the story of a long-married couple and their struggle to deal with her worsening Alzheimer's. Rather than deal with the grim reality of the disease, the movie uses the situation to explore the characters' humanity. Stars Julie Christie and Gordon Pinsent. Rated PG-13. Running Time: 110 minutes.

Thursday, Oct. 18, 7:30 p.m. — Sandy Horwitt booksigning, see page 14 for details.

Thursday, Oct. 25, 7- 8:30 p.m. — Fall Festival—"Fiesta", see page 1 for details.

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FRIENDSHIP GALLERY

The American Art League to exhibit at Friendship Gallery

The American Art League is an organization of professional artists in the Washington area that was established over one hundred years ago. Its members work in watercolor, mixed media, oils, pastels, acrylic, photography, and printmaking, and have exhibited extensively.

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The League's exhibit at Friendship Gallery begins Oct. 2 and runs through Oct. 31. The public is invited to meet the artists at a reception on **Sunday, Oct. 14, from 11:30 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m., and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of certain activities in that room. Please check with the front desk receptionist when you arrive.



"Lazy Summer Afternoon" Photo by Charles F. Lee.

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Friendship Heights
Village Center



Calendar
of Events 2007

O C T O B E R						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Due to the holiday, the next Village Council meeting will be Tuesday, Oct. 16, at 8 p.m. 	1 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 11:30 a.m.: Flexible Stretch And Strength 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 7 p.m.: Yoga 7 p.m.: Café Muse	2 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	3 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training with Tonya 1 p.m.: CPR course 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: It Takes Two	4 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Improve Your Memory 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7:30 p.m.: David Ignatius: Body of Lies	5 9 a.m.: CPR course 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group 1 p.m.: CPR course 7:15 p.m.: Depart for Patti LuPone Concert at Strathmore	6 8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs
7 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	8 Columbus Day Center Open 9 a.m. to 2 p.m. 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 11:30 a.m.: Flexible Stretch And Strength	9 7:30 a.m.: Depart for Newport 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	10 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training with Tonya 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: Breast Cancer ... 1 p.m.: Health Insurance Counseling 3 p.m.: Chair Yoga 7:30 p.m.: Concert: Dixie Power Trio	11 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Improve Your Memory 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Playtime 1 p.m.: Chinese Brush Painting 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Away from Her	12 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group	13 8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs
14 9 a.m.:Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11 a.m. – 1:30 p.m.: Art Reception	15 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 11:30 a.m.: Flexible Stretch And Strength 1 p.m.: CPR course 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 7 p.m.:Yoga 7:30 p.m.: Forum on Genetics: Your Family's Health History	16 8:15 a.m.: Walking Club 9 a.m.: CPR course 9:30 a.m.: Tai Chi 12:30 p.m.: Vision Support Group 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: CPR course 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING	17 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training with Tonya 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga 7:30 p.m.: Concert: Richard Miller	18 8:15 a.m.: Walking Club 9 a.m.: CPR course 9:30 a.m.: Tai Chi 10 a.m.: Improve Your Memory 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: CPR course 1 p.m.: Chinese Brush Painting 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7:30 p.m.: Sanford Horwitt: Feingold: A New Democratic Party	19 10 a.m. to 2 p.m.: Flu shots 10:30 a.m.: Coffee and Current Events	20 8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs 9 a.m.: CPR course
21 9 a.m.:Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 12:30 p.m.: Depart for Olney Theatre	22 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 11:30 a.m.: Flexible Stretch And Strength 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 7 p.m.:Yoga	23 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	24 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training with Tonya 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 3 p.m.: Chair Yoga 7:30 p.m.: Concert: Myriam Alvolos	25 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. - 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 to 8:30 p.m.: Fall Festival	26 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group	27 8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs
28 9 a.m.:Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 12- 1:30 p.m.: Children's Halloween Party	29 9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Bus 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 11:30 a.m.: Flexible Stretch And Strength 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 7 p.m.:Yoga 7:30 p.m.: David Brooks	30 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 2 7 p.m.: Mat Pilates	31 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training with Tonya 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga 7:30 p.m.: Concert: Halloween Stories with Ellouise Schoettler	Tickets remain for the Patti LuPone concert at Strathmore Music Center on Friday, Oct. 5. Call us at 301-656-2797 for details.		

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
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Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

Fight the flu!

Friendship Heights has scheduled two flu shot clinics this fall. The MedStar Health Visiting Nurses Association will administer the vaccine at the Village Center on **Friday, Oct. 19** to high risk groups (defined below) only, from **10 a.m. to 2 p.m.** On **Friday, Nov. 2** from **10 a.m. to 2 p.m.** shots will be offered to anyone over the age of nine. A total of 600 shots will be given. **Registration is a must.**

*A high risk group includes anyone 65 and older (bring a photo i.d.); anyone 9 to 64 with chronic medical conditions (bring a note from your doctor); health care workers involved in direct patient care; out-of-home caregivers of

children over 6 months; pregnant women past their third month of pregnancy (must have note from primary physician).

*Cost is \$35 (cash or check payable to Visiting Nurses Assoc. only).

*Individuals with Medicare Part B (non-HMO) or Medicaid will not be charged (you must bring your card).

Call 301-656-2797 to register. Village residents may register immediately; nonresidents may sign up after Oct. 10. **You must have an appointment to receive a shot.**

The 2007–2008 trivalent vaccine virus strains are A/Solomon Islands/3/2006, A/Wisconsin/67/2005, and B/Malaysia/2506/2004

CLASSES and CLUBS

**PREREGISTRATION IS REQUIRED FOR ALL CLASSES.
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.**

ART

CHINESE BRUSH PAINTING

A 10-week class taught by Helene Sze McCarthy begins October 4. Meets Thursdays from 1 to 3 p.m. Cost is \$100. Session ends Dec. 13. A minimum of 6 students is required; the maximum is 10.

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by award-winning artist and photographer Marianne Winter, begins Oct. 24. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$65. (Maximum number of students is 8). Session ends Nov. 28.

EXERCISE AND FITNESS

CHAIR YOGA

This 6-week series begins October 10. Meets Wednesdays from 3 to 4:15 p.m. Do not eat for one hour before class, wear comfortable clothing but no heavy jewelry or perfume. The cost is \$60. Ends Nov. 14.

MAT PILATES

A 6-week session begins Oct. 23. Meets Tuesdays from 7 to 8 p.m. The cost is \$70 for residents and \$80 for nonresidents. Not recommended for pregnant women or those with serious spinal conditions. Instructor Ginger Russell has been certified in Pilates Matwork Exercises by the PhysicalMind Institute and Powerhouse Pilates. Required equipment: Pilates/Yoga mat, large bath towel. Optional equipment: Pilates Magic Ring or Circle

(Target, Amazon.com, Borders Books, and Wal-Mart carry it). E-mail – Gingerrusteach@yahoo.com. Session ends Dec. 4. (Class will not meet Nov. 20) Maximum number of students is 15.

STRENGTH TRAINING WITH CHERYL

This 6-week session begins Nov. 9. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65. Session ends Dec. 21 (class will not meet on Nov. 23).

STRENGTH TRAINING WITH TONYA

This 6-week session begins Oct. 31. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, will focus on in-



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creasing your mobility, flexibility, balance, and overall strength. The cost is \$62. Session ends Dec. 5.

TAI CHI (THURSDAY)

This 6-week session begins October 18. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends Dec. 3 (class will not meet Nov. 29 or Dec. 6). Feel free to email instructor Thomas Johnson at Taijitaj@comcast.net if you have any questions about this class.

TAI CHI (TUESDAY)

This 6-week session begins October 16. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends Nov. 20. Feel free to email instructor Thomas Johnson at Taijitaj@comcast.net if you have any questions about this class.

LANGUAGES

BEGINNING SPANISH

This 8-week course begins Nov. 5. This class is for students with little or no knowledge of Spanish. Instructor Elena Marra-Lopez has taught teenagers and adults at Sidwell Friends School, Washington International School, Montgomery College, and the USDA Graduate School. The class meets Mondays, from 6:30 to 8:30 p.m. The cost is \$200. Session ends Jan. 14 (class will not meet Nov. 12). Must register by Oct. 31; no refunds after that date.

SPANISH 2, ADVANCED

This 8-week course begins Oct. 30. For former students or those with a good grasp of the language. The class meets Tuesdays, from 6:30 to 8:30 p.m. The cost is \$220. Session ends Dec. 18. Must register by Oct. 25; no refunds

after that date.

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

FHUN

The Friendship Heights Urban Network (FHUN) is a group dedicated to bringing together young professionals, young parents, and college students. The group is currently organizing events such as monthly Happy Hours, barbecues, and special evenings at local restaurants. For more information, check FHUN's website at www.fhun.net. This group is not affiliated with the Friendship Heights Village Council.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the

Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

SCRABBLE

This active group of Scrabble players meets at the Center Thursdays at 6 p.m. All are welcome.

TEA TIME

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers. There is no cost.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.

An artisan fair to remember

It's not too soon to start thinking about holiday shopping and what better place to find a special gift for that hard-to-shop-for person than right here in Friendship Heights. "A Holiday Affair," our annual artisan fair takes place at the Village Center on **Saturday, Nov. 3, from 10:30 a.m. to 3 p.m.** You'll find hand-crafted jewelry, textiles, wooden bowls, baskets, soaps, pottery, and much more. Stop by to pick up that perfect gift or just browse about the beautiful, original art. Admission is free.

CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m. in Huntley Hall. Before entering the auditorium, please turn off any cell phones or electronic devices. If you arrive after the concert has begun, please wait for a break in the performance before entering.

Wednesday, Oct. 3 — It Takes Two

— This piano duo features Rose-anne Conway and George Peachey. After winning numerous awards in Europe, Ms. Conway returned to the U.S. to study with Earl Wild in New York, before moving to the Washington area. Mr. Peachey has performed in concert at the Kennedy Center, the Corcoran Gallery, and various embassies.

Wednesday, Oct. 10 — Dixie

Power Trio—Hailing from Fredericksburg, Va., this four-man “trio” delivers an exciting combination of

New Orleans jazz, Dixieland and zydeco. Led by Zack Smith, the band also features Andy Kochenour, Wayne Wilkinson, and Byron Mc-Williams.

Wednesday, Oct. 17 — Richard

Miller— Brazilian born Richard Miller performs a range of guitar works, from classical to the Brazilian equivalent of American ragtime. He has toured South and Central America as well as the U.S. in both classical recitals and with Latin jazz bands.

Wednesday, Oct. 24 — Myriam

Avalos — At age three, pianist Myriam Avalos gave her first public concert at the National Conservatory of Music in her native Peru. She has continued to dazzle audience with her critically acclaimed performances.

Wednesday, Oct. 31 — Ghost Stories with Ellouise Schoettler.

— Celebrate All Hallow’s Eve with spine-tingling tales from Ellouise Schoettler. A consummate storyteller, Ms. Shoettler combines humor, suspense and a few tall tales to produce a thoroughly engaging evening.



Montgomery County Wine & Spirits presents our newest location in Chevy Chase/Friendship Heights

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More spirits on sale for the month (10/03/07 – 10/30/07):

Absolut Vodka 1.75L	\$29.99
Beefeater Gin 1.75L	\$24.99
J Walker Red 1.75L	\$31.99
Jack Daniels 1.75L	\$31.99
Maker’s Mark 1.75L	\$38.99
Sauza Bl or Gld 1.75L	\$22.99
Stolichnaya Vodka 1.75L	\$26.99

Spanish Wine Sale

On sale for the month of October
10/03/07-10/30/07

Chivite Fuedo Rose 750ml	\$ 8.99
Lancer’s Rose 750ml	\$ 6.49
Medieval Red Rioja 750ml	\$ 9.49
Murice Crianza Rioja 750ml	\$ 12.49
Periquita Red Wine 750ml	\$ 7.99
Vina Sarda White 750ml	\$ 8.59

See our website (below) for more!

For more information call 240-773-2009
See our ad every Wednesday in the
Washington Post Food Section~~
See all of our sales for wine
and spirits online at
www.montgomerycountymd.gov/dlc



TO YOUR HEALTH

Breast cancer in older women

"Assessing the Risk of Breast Cancer in an Older Population" is the title of this month's Suburban Health Lecture at the Village Center on **Wednesday, Oct. 10, at 1 p.m.**

Breast cancer affects 1 in 9 women in the United States. Some women are at higher risk than others and may be interested in genetic or MRI screenings. How effective are these new tools and what treatment will be advocated as a result of them?

Dr. Rebecca Kaltman, an oncologist with a special expertise in breast cancer, will discuss the latest information on genetic testing and treatment options.

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

Understanding the value of the low vision exam

Vision loss remains a challenge for millions of Americans. Join the Vision Support Group and Lind Stephens, Low Vision Occupational Therapist, National Retina Institute, on **Tuesday, Oct. 16, from 12:30 to 1:30 p.m.** at the Village Center.

Ms. Stephens will discuss the value of a low vision exam and how it differs from a regular exam. She will also talk about how adaptive techniques and technology can increase your independence and safety. Bring a bag lunch; dessert and beverages will be provided.

This program is a partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Please call 301-656-2797 to register.

Forum on family health history

Is it possible to predict diseases in your family and prepare family members for health problems? Maybe even avoid them? A panel discussion on genetics and health history in families will be held at the Village Center on **Monday, Oct. 15, at 7:30 p.m.**

Moderator Joan Weiss is a genetics social worker who worked 20 years at Johns Hopkins Hospital in the medical genetics clinic, founded the Genetic Alliance, and co-directed the Human Genome Education Model Project. Members of the panel are Judith Benkendorf, Project Manager for the American College of Medical Genetics, and Dr. Joann Boughman, Executive Vice President of the American Society of Human Genetics.

Learn how to pass along important health information to ensure a longer, healthier future for your family. Sign up for this program by calling 301-656-2797.

Madame Tussauds, continued from page 3

Dessert will be cheesecake.

We will depart the Village Center at 9:30 a.m. and return by 2:30 p.m. The cost of the trip, which includes entry ticket to Madame Tussauds, lunch at Rosa Mexicano, transportation, and driver's tip, is \$89. Residents and one guest may sign up immediately; nonresidents may sign up Oct. 15. **The deadline to sign up is Oct. 25.** There are 20 spaces available.

ESTATE PLANNING SEMINARS

Wills, Trusts, Powers of Attorney
and Estate Taxes

Wed. October 17th at 2:00 pm

Wed. October 31st at 2:00 pm

Seminars are free.
Advanced registration not required.

Presented by
Lawrence I. Abrams, Esq.
(301) 652-2050

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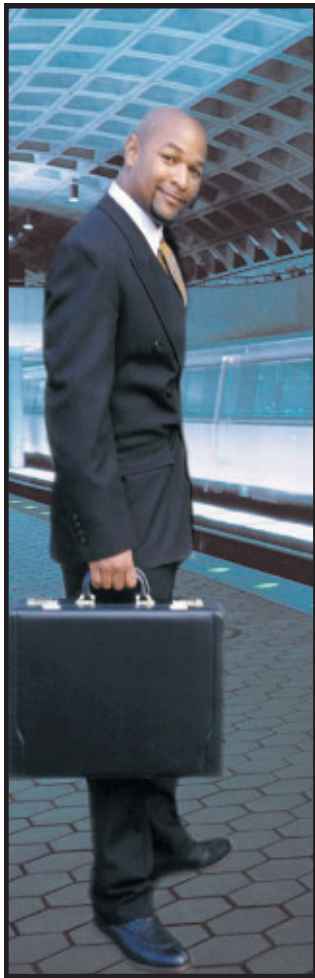
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Cafe Muse presents...

This month's Café Muse, on **Monday, Oct. 1, at 7 p.m.**, presents a reading by poet Pamela Harrison and playwright Juanita Rockwell.

Pamela Harrison is the author of *Okie Chronicles*, a novel in poems, and *Stereopticon*, a collection of poems. She won the PEN New England North Discovery Poet Award in 2002.

Juanita Rockwell's play is *Between Trains*. She wrote the libretto for James Sellars' *The World is Round* (after Gertrude Stein) and directed the premiere at Hartford's Avery Theatre. She wrote the book and lyrics for *Waterwalk: Surface and Depth* with music by Robert Macht. She was Founding Artistic Director of Towson University's interdisciplinary MFA in Theatre Program training the artist-as-producer of original experimental projects.

Café Muse opens at 7 p.m. with refreshments and classical guitar by Michael Davis; readings begin at 7:30. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

Feingold biographer speaks

Sen. Russ Feingold of Wisconsin became well known when he teamed up in 1995 with Republican John McCain to create the first campaign finance reform legislation since the Watergate era. After a 7-year struggle, it was enacted. Sen. Feingold, a staunch civil libertarian, was the only member of the U.S. Senate who voted against the USA Patriot Act in 2002. He was the first in the Senate to call for a timetable for redeploying U.S. troops from Iraq. Author and essayist Sanford Horwitt has written a biography of the senator, *Feingold: A New Democratic Party*, and will discuss it at the Village Center on **Thursday, Oct. 18, at 7:30 p.m.**

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase.

EXOTIC INDIA

Escorted Deluxe Tour
January 23 to February 7, 2008

For information, contact:
World Travel Service
Lakshmi Halper, 301-656-1300
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SENIORS AND IDENTITY THEFT – OCTOBER 25TH PRESENTATION

Please join us as elder law attorney, David Wingate, explains how to protect yourself from identity theft and what to do if your identity has been taken. This is the time of year when identity theft occurs most. Don't miss this opportunity to gain invaluable information!

6:30pm – 8:30pm

RSVP by Saturday, October 20th to 301-656-1900


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Village Council Corner

Time to Renew Your CPR Training

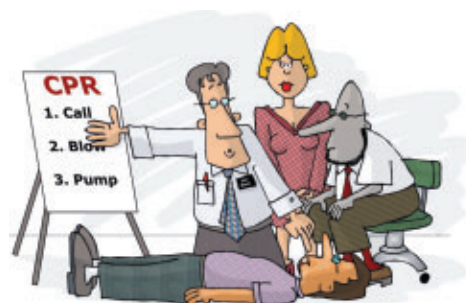
Project Heart Beat is back! The Village Council is continuing its very successful program of providing the opportunity to learn both Cardiopulmonary Resuscitation (CPR) and how to use an Automatic External Defibrillator (AED). Training is intended both for those who have been previously certified and need to renew (guidelines have changed for 2007), and for those who have never learned these lifesaving skills.

Sudden Cardiac Arrest (SCA) is reported to cause more deaths in the U.S. each year than all forms of cancer combined. Many of these deaths could be prevented if trained individuals initiate the "Cardiac Chain of Survival" incorporating CPR and AED training and have access to an AED.

The Council has once again made arrangements with Rescue One to offer a three-hour certification class. **This life saving program will be offered to Village Residents for just \$5.00!** The Council will use budgeted Rothstein Scholarship funds to underwrite the remainder of the \$25 fee. Non-Village residents are eligible to take the course for the full \$25 fee (still a bargain).

If you are questioning the need for this training,

think of what you would do if a friend or family member collapsed from a heart attack. Would you be prepared to help save their life?



Because we want to make this important skill available to all of our residents, a wide variety of dates have been scheduled. Don't hesitate—sign up now at the Village Center.

- **Monday, Oct. 3, 9 a.m. to 12 p.m. or 1 to 4 p.m.**
- **Tuesday, Oct. 4, 7 p.m. to 10 p.m.**
- **Wednesday Oct. 5, 9 a.m. to 12 p.m. or 1 to 4 p.m.**
- **Friday Oct. 21, 9 a.m. to 12 p.m. or 1 p.m. to 4 p.m.**
- **Saturday, Oct. 22, 9 a.m. to 12 p.m.**

Council actions at the September 10 meeting:

- Approved proposal from Structural Preservation Systems for waterproofing work at Village Center, pending review by attorney.
- Discussed pilot installation of rubber sidewalk adjacent to Humphrey Park; voted against proposal.



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815

Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

phone: 301-656-2797

October 2007 events calendar